

INFORMATION ON THE TECHNOLOGY FIELD

www.tieke.fi - Finnish Information Society Development Centre

www.vtt.fi - Technical Research Centre of Finland

www.tekes.fi - Finnish funding Agency for Technology and Innovations

www.tukes.fi - Safety Technology Authority

INFORMATION ON SALARIES, WORK AGREEMENTS AND LEGISLATION

www.tyosuojelu.fi - Officials you can contact in case of questions about The Finnish labour and occupational safety legislation

www.finlex.fi - Finnish acts and degrees, the collective agreements (regarding salaries, working hours etc.) applied in most fields can be found here

www.tyj.fi - The federation of unemployment funds in Finland

www.infopankki.fi - Information on Finland in different languages

www.sak.fi, www.akava.fi, www.sttk.fi - Central organisations of trade unions

INFORMATION ON FINLAND

<http://finland.cimo.fi> - Discover Finland

<http://virtual.finland.fi> - Virtual Finland

<http://eures.europa.eu> - European Job Mobility Portal

www.eniro.fi - search engine

GOVERNMENT AND OTHER OFFICIAL SITES IN FINLAND

www.vero.fi - Tax Administration

www.kela.fi - Social Insurance Institution

www.uvi.fi - Directorate of Immigration

www.poliisi.fi - Police

www.vaestorekisterikeskus.fi - Population register centre

www.maistraatti.fi - Local register offices

www.oph.fi - The Finnish National Board of Education (e.g. recognition of foreign qualifications in Finland)

www.migri.fi - Finnish immigration service

INFORMATION ON OULU AND ITS SERVICES

www.ouka.fi - Oulu city

www.ouka.fi/efa - Expatriate family adjustment program

www.ouluexpacity.fi - Information for people moving to Oulu

www.65degreesnorth.com - News and views from Oulu

www oulu.com - Web portal to Oulu

 **Työvoimatoimisto**



a **STARTER KIT**
for newcomers to Oulu



LOOKING FOR WORK

Similar universal rules apply to seeking work in Finland as in many other countries. - You need to be active in your job search and show interest in the job you are seeking!

Job seeking starts with mapping out your fields of interest, skills and know how. Think what it is that you have to offer to the employer. Find companies operating within your field of interest or expertise. Having found them, write an application and CV and send it to the employer. Follow-up is important so contact the employer after having sent the application.

- ✓ Make use of the networks you have created or are creating. The networks can be through jobs, study, friends, hobbies etc.
- ✓ Contact companies, organizations directly.
- ✓ Use search engines to find companies in your field or in your field of interest. Take a look at company web-sites.
- ✓ The conventional ways; newspapers, recruitment services etc.

HELP ON APPLICATION, CV AND INTERVIEWS

www.aarresaari.net - academic career services, writing a CV, going for an interview, job board etc.

<http://europass.cedefop.europa.eu> - Europass CV

www.infopankki.fi - Information in different languages

WHERE TO FIND VACANCIES?

www.mol.fi Finnish Labour Administration. Most vacancies listed are in Finnish. To find vacancies in English choose Avoimet työpaikat (vacancies) >Sanahaku (keyword) write English.

Recruitment agencies. There are several recruitment agencies. To find them write into a search engine "henkilöstövuokraus Oulussa" (recruitment agencies in Oulu). The yellow pages in the phone book list the services under "henkilöstöpalvelua" or "henkilöstövuokrausta".

Nota Bene

Registration as a job seeker at the employment office requires the following:

- Residence permit of A or P for non-EU citizens
- In case of EU citizens registration at the police
- Registration at the population register (permanent residence in Finland)
- Ability to accept full-time employment
- If you are studying: Completion of degree studies

IF YOU HAVE A "B" RESIDENCE PERMIT

- You are not entitled to register at the employment office.
- You can check the rules regarding working with a B residence permit at the police station

FINDING COMPANIES

www.ouka.fi/ouluseutu - Oulu Regional Business Agency where you can find a database of companies

www.ppy.net/linkit_yritykset.php - Companies in Northern Ostrobothnia

www.technopolis.fi - Companies within Technopolis

www.ee oulu.fi/~arikk/companies.html - A list of companies

www.oulunkaupat.fi - A list of businesses in the Oulu area

www.talouselama.fi - A list of the 500 largest companies in Finland (talouselämä 500)

www.keltaisetivut.fi - Yellow pages

www.yritysopas.com - Finnish companies on the Internet

www.contactfinland.fi - Finnish Business Services, Organisations and authorities

www.finnfacts.com - Finnfacts, publications of Finnish Industry

www.keskuskauppakamari.fi - The Central Chamber of Commerce

ESTABLISHING A BUSINESS IN FINLAND

www.enterpriseinland.fi - Establishing & Doing Business in Finland

www.ouka.fi/ouluseutu - Oulu Regional Business Agency

www.prh.fi - National Board of Patents and Registration

www.ytj.fi - Joint corporate information system of the National Board of Patents and Registration and the Tax Administration

www.uusyrytyskeskus.fi - Jobs and Society – Finnish Enterprise Agency

www.fintra.fi - Finnish Institute for International Trade

www.ek.fi - Confederation of Finnish industries

BE ACTIVE!

NETWORK!

FIND YOUR OPTIONS.